

Home Delivered Meal Listing

Nutrition Project: Lifescape Community Services Contact: Kathy Myers Phone: 815-963-1609 Referral e-mail: kmyers@lifescapeservices.org			
Geographic Area served:	Delivery days:	Type:	Additional information:
Boone, Lee, Ogle, and Winnebago counties	Monday – Friday	Hot, Cold, and Frozen meals	
Nutrition Project: NICA Senior Services / Golden Meals Contact: Diane Randecker Phone: 815-232-8896 Referral e-mail: goldenmeals@yahoo.com			
Geographic Area served:	Delivery days:	Type:	Additional information:
Jo Daviess & Stephenson counties	Monday - Thursday	Hot meals	Cold for Fridays and Frozen for weekends
Carroll county	Monday – Friday	Hot meals	Cold for Fridays and Frozen for weekends
Whiteside county	Monday – Thursday, some sites are open on Fridays	Hot meals	Cold for Fridays and Frozen for weekends
Nutrition Project: Voluntary Action Center (VAC) Contact: Ellen Rogers Phone: 815-758-3932 Referral e-mail: Erogers@vacdk.com			
Geographic Area served:	Delivery days:	Type:	Additional information:
DeKalb county	Monday - Friday	Hot, Cold, and Frozen meals	