NIAAA'S SENIOR NEWSLETTER



1111 S ALPINE RD, SUITE 600 ROCKFORD 61108 815-226-4901 WWW.NWILAAA.ORG

HAPPY SENIOR CITIZENS D A Y **AUGUST 21ST**









GAME NIGHT



COOKOUT













BURGERS - HOTDOGS- DRINKS CORNHOLE & OTHER YARD GAMES

LOCATION: 3495 MCFARLAND RD. ROCKFORD, IL 61114

Call Cassandra/Kyle @ (815)654-1400



Providing Quality Homecare Sewices By Caring Professionals



BACKTO 201100

SUPPLY DRIVE

Rockford

Thursday, August 7 1:00 PM - 4:00 PM

> Backpacks are for our caregivers and community members.

Supplies will be distributed on a first-come, first-served basis while supplies last.

All are encouraged to bring their children, especially if they have multiple. Backpacks will be limited to one per person







info@saharahomecare.com www.saharahomecare.com

NOCKFORD 815 DAY SPECIALS /



BUCCIFERRO FAMILY MCDONALD'S

MULTIPLE ROCKFORD LOCATIONS CELEBRATE 815 DAY WITH A ONE-DAY-ONLY DEAL FROM BUCCIFERRO FAMILY MCDONALD'S! GET 40 CHICKEN MCNUGGETS AND TWO LARGE FRIES FOR JUST \$8.15

SAM'S ON HARLEM

1031 HARLEM RD, MACHESNEY PARK, IL 61115

CELEBRATE 815 DAY WITH A PIZZA DEAL
YOU CAN'T PASS UP — GET A LARGE
REGULAR CRUST CHEESE PIZZA FOR JUST
\$8.15 (LIMIT 2). AVAILABLE FOR DINE-IN,
CARRYOUT, OR DELIVERY.

PARTICIPATING LOCATIONS INCLUDE:

314	N	ML	JLF	0	RD

4365 11TH ST

1441 KISHWAUKEE ST

3858 NORTHRIDGE DR

1032 E STATE ST

4623 E STATE ST

930 W RIVERSIDE BLVD

3710 AUBURN ST

CHICK-FIL-A ROCKFORD

280 N PERRYVILLE RD, ROCKFORD, IL 61107
CELEBRATE 815 DAY WITH CHICK-FIL-A
ROCKFORD! MENTION "815 DAY" OR WISH THE
TEAM A "HAPPY 815 DAY" TO RECEIVE ONE
FREE ENTRÉE—NO PURCHASE NECESSARY.



FESTA ITALIANA-THE GREATER ROCKFORD ITALIAN AMERICAN ASSOCIATION (GRIAA) WILL BE HOSTING THE 46TH ANNUAL FESTA ITALIANA FUNDRAISER AUGUST 1ST, 2ND & 3RD 2025. GRIAA IS A NON-PROFIT ORGANIZATION STAFFED SOLELY BY VOLUNTEERS, AND PROMOTES THE ITALIAN CULTURE THROUGH SOCIAL EVENTS, WORKS OF CHARITY, AND EDUCATIONAL ACTIVITIES THROUGHOUT THE COMMUNITY 4000 ST. FRANCIS DR. ROCKFORD IL 61103

POLISH FEST - ANNUAL POLISH FEST - FUN FOR EVERYONE.
PIEROGI, POTATO PANCAKES, SMOKED AND FRESH POLISH SAUSAGE,
POLISH AND DOMESTIC BEER. BINGO, GAMES FOR CHILDREN.
NOVELTIES, RAFFLES, AND MUCH, MUCH MORE. MUSIC AND DANCING
ALL DAY

201 BUCKBEE ST ROCKFORD IL 61104



SEE YOU AT THE BOONE COUNTY FAIR AUGUST 5TH - 10TH, 2025

COME OUT TO THE WINNEBAGO COUNTY FAIR AND ENJOY THE SIGHTS, THE SOUNDS, THE ANIMALS, THE COMPETITIONS, THE MUSIC, THE LIGHTS AND THE GREAT ENTERTAINMENT.

AUGUST 13TH – 17TH, 2025



PROTECT YOURSELF FROM MEDICAL IDENTITY THEFT

DO:

CHECK THE RECEIPTS AND STATEMENTS YOU GET FROM PROVIDERS FOR MISTAKES, AND CALL YOUR PROVIDER'S OFFICE IF YOU THINK A CHARGE IS INCORRECT.

REMEMBER THAT MEDICARE WILL NEVER CALL YOU TO SELL YOU ANYTHING OR VISIT YOU AT YOUR HOME. MEDICARE, OR SOMEONE REPRESENTING MEDICARE, WILL ONLY CALL AND ASK FOR PERSONAL INFORMATION IN LIMITED SITUATIONS (LIKE AN AGENT OR REPRESENTATIVE RETURNING YOUR CALL AFTER YOU'VE JOINED A PLAN, REPORTED FRAUD, OR LEFT A MESSAGE FOR MEDICARE).

DON'T:

GIVE YOUR MEDICARE CARD, MEDICARE NUMBER, SOCIAL SECURITY CARD, OR SOCIAL SECURITY NUMBER TO ANYONE EXCEPT YOUR DOCTOR OR PEOPLE YOU KNOW SHOULD HAVE IT (LIKE INSURERS ACTING ON YOUR BEHALF OR PEOPLE WHO WORK WITH MEDICARE, LIKE YOUR

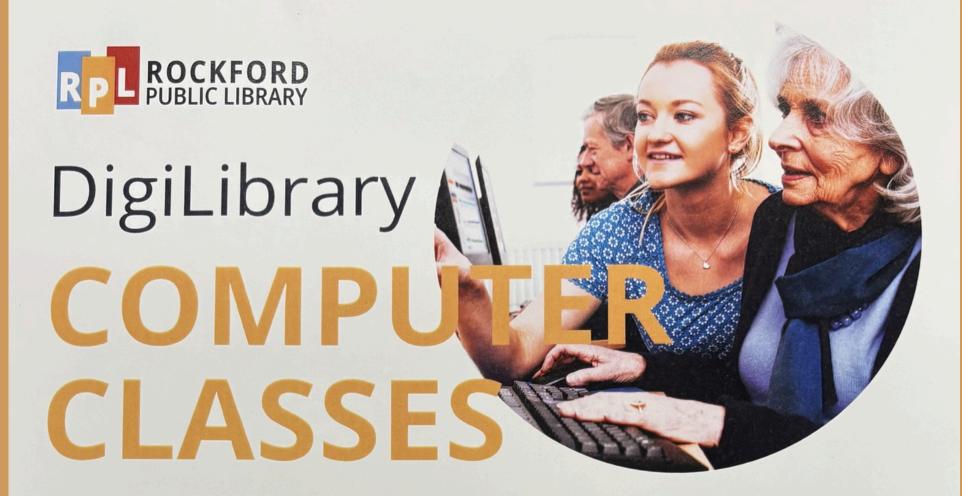
STATE HEALTH INSURANCE ASSISTANCE PROGRAM (SHIP)

ACCEPT OFFERS OF MONEY OR GIFTS FOR FREE MEDICAL CARE.

ALLOW ANYONE, EXCEPT YOUR DOCTOR OR OTHER MEDICARE PROVIDERS, TO REVIEW YOUR

MEDICAL RECORDS OR RECOMMEND SERVICES.

JOIN A MEDICARE HEALTH OR DRUG PLAN OVER THE PHONE, UNLESS YOU CALLED AND ASKED FOR HELP.



The Rockford Public Library is excited to partner with the Northwestern Illinois Area Agency on Aging to offer free Computer Classes!



RPL's DigiLibrary staff will offer instruction through online courses where you can work at your own pace to learn basic computer skills. There will also be time for participants to work on their own projects with our staff offering assistance.

DigiLibrary Stop Drop-in

Wednesdays: 1:30P - 3:30P

Northwestern Illinois Area Agency on Aging 1111 S. Alpine Road, Ste 600





















FREE EVENT!!

Let's celebrate health, wellness, and community — together!

This family-friendly event is packed with:

- Free or low-cost medical services
- Health exams and screenings
- Financial education and elder care
- Activities like Zumba, healthy cooking, and more





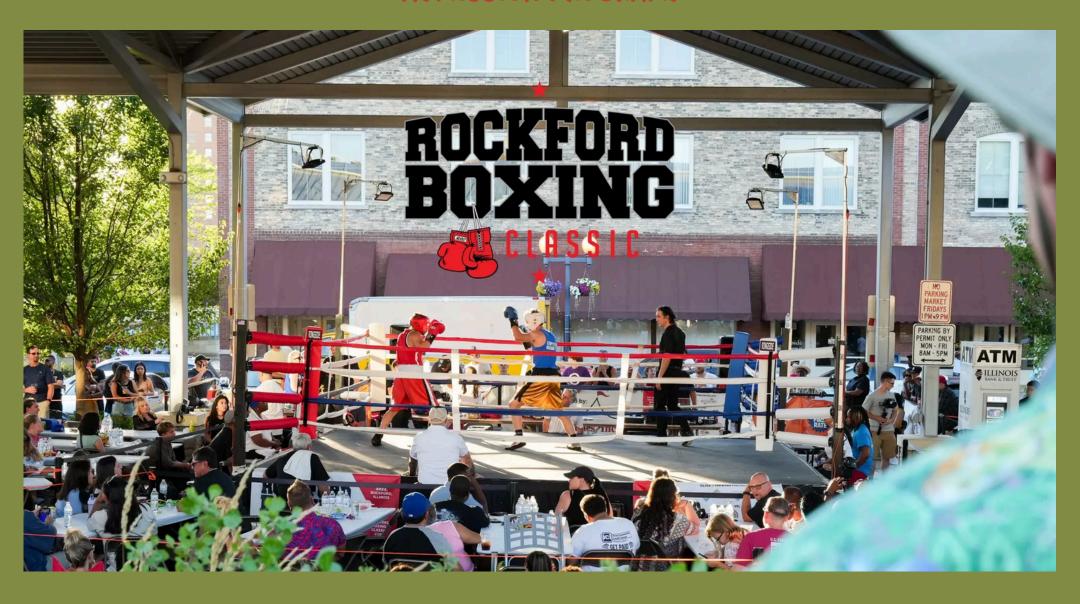
ROCK VALLEY COLLEGE 3301 N. MULFORD DR. ROCKFORD, IL 61114







THE FOURTH ANNUAL ROCKFORD BOXING CLASSIC RETURNS SATURDAY, AUGUST 2, 2025, AS THE ROCKFORD REGION'S PREMIER OUTDOOR BOXING EVENT! SANCTIONED BY USA BOXING, THE ROCKFORD BOXING CLASSIC ANNUALLY DRAWS MORE THAN 1,000 COMPETITORS AND VISITORS TO DOWNTOWN ROCKFORD, FEATURING SOME OF THE MIDWEST'S TOP AMATEURS, A GROWING ARRAY OF LOCAL POLICE AND FIREFIGHTER BOUTS, LOCAL FOOD AND BEVERAGES, AND A VARIETY OF FAMILY-FRIENDLY ACTIVATIONS. WITH THE SUPPORT OF EVENT PARTNERS, THE ROCKFORD BOXING CLASSIC IS A FREE GENERAL ADMISSION PROGRAM.



ROCKFORD CITY MARKET
WATER STREET AT EAST STATE STREET



FARMERS MARKET COUPONS STILL AVAILIABLE!!

WE STILL HAVE A LIMITED NUMBER OF FARMERS MARKET COUPONS AVAILABLE FOR PICK UP.

THESE COUPONS CAN BE USED TO PURCHASE FRESH FRUITS & VEGETABLES FROM PARTICIPATING LOCAL MARKETS.

AVAILIABLE WHILE SUPPLIES LAST!

STOP BY OUR OFFICE TODAY, OR GIVE US A CALL TO INQUIRE.
815-226-4901

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SUPPORT GROUP

SUPPORT FOR ANYONE CARING FOR A LOVED ONE

EVERY SECOND THURSDAY OF THE MONTH FROM 1:30PM-3:00PM

NEXT ONE IS AUGUST 14TH

1111 S ALPINE RD. SUITE 600 815-226-4901

